

GOSPEL: Mark. 1:21-28

Then they came to Capernaum, and on the Sabbath Jesus entered the synagogue and taught. The people were astonished at his teaching for he taught him as one having authority and not as the scribes. In their synagogue was a man with an unclean spirit. He cried out, “What have you to do with us Jesus of Nazareth? Have you come to destroy us? I know who you are, the holy one of God!” Jesus rebuked him and said “Quiet! Come out of him!” The unclean spirit convulsed him and with a loud cry came out of him. All were amazed and asked one another, “What is this? A new teaching with authority. He commands even the unclean spirits and they obey him.” His name spread everywhere throughout the whole region of Galilee.

- What does it mean to teach with. Authority?
- Who are the people in your life who teach with authority?
- Your parents? Your teachers? Police? Government?
- Jesus had the power to drive an unclean (evil) Spirit out of a man. Does this mean that having authority means that you have power?
- What are the areas in your life that you need the help of Jesus to deal with?

LISTEN to the song by Matty Mullins - **No Hold on Me** (Official Lyric Video)
<https://youtu.be/cuW19ycSEMw>

—Take some time to pray about the things in your life that you will no longer let the evil one influence. With Jesus as the authority in your life. What character flaws have “No Hold on you?” Write a list of the things you want Jesus to take authority over or draw a picture like the one at the end of the song video that shows Jesus helping you claim the victory.